



ESTELLE S. CAMPBELL BOYS & GIRLS CLUB



Boys & Girls Clubs of Western PA

4600 Butler Street
Pittsburgh PA 15201
(412) 682-4013
www.bgcwpa.org

Boys & Girls Clubs of Western PA



Fall 2017 Mastiff Martial Arts: Judo Jui Jitsu and Mixed Martial Arts

HAVE FUN WHILE YOU

IMPROVE

Physical Health
Concentration
Coordination
Awareness

DEVELOP

Self-Discipline
Self-Confidence
Self-Control
Self-Esteem

LEARN

Self-Defense
Responsibility
Teamwork
Self-Respect

A progressive program that is designed for the student who desires to achieve Black Belt.

SCHEDULE: Class begins Friday, September 22

Ages 7 and up

Fridays : 6:30 pm-8:00 pm

INSTRUCTOR:

Lisa Osmundsen, USA Judo Certified Instructor, 3rd degree black belt, 2 time
Master's National Champion.

\$35 per 8 week sessions, uniforms will be provided



REGISTRATION FORM

Student Name _____ Age _____ Height _____ Weight _____
(must be accurate for uniform sizing)

Address _____

Parent / Guardian's Name _____ Day Phone # _____

Home Phone # (____) _____

Does your child have any physical limitations? Yes _____ No _____ If yes, please explain _____



FOR OFFICE USE ONLY	AMOUNT PAID	RECEIPT NUMBER	RECEIVED BY & DATE
	\$		

Size _____ Uniform Fee _____ Rank _____