

# THE BOYS & GIRLS CLUBS OF WESTERN PENNSYLVANIA



## BE A RECYCLING SUPERHERO



Do you have any unwanted electronics around that you'd like to dispose of responsibly? We can turn these items into funds to support local youth in the Great Pittsburgh Area along with our partner, Orro Fundraising. Need even more incentive besides cleaning house? Your electronic donation is tax deductible! Why wait until your next community drive? We'll take your used electronics any business day: Monday-Friday from 2-6 PM at your nearest Club! For more info, or to schedule a pick-up, check us out [here](#).

**amazon smile**  
You shop. Amazon gives.

Want to make our members smile? Amazon.com has a program where you can select the BGCWPA to receive 0.5% of your eligible purchases. It's no additional cost to you, and it even works with Prime. Just go to [smile.amazon.com](http://smile.amazon.com) and type The Boys & Girls Clubs of Western PA as your charity. Your purchases will support local youth. It's THAT easy, and it does not interrupt your shopping experience.!

### ROUND UP 4 BGCA!

September 22nd - November 9th  
During the Endless Bowl of Pasta, the Olive Garden is encouraging customers to "Round UP" their checks to support local Boys & Girls Clubs!



IT'S 3PM. SCHOOL'S OUT FOR 50 MILLION KIDS. EVERY AFTERNOON IS A CHANCE TO CHANGE AMERICA'S FUTURE.

## Great Futures

On July 31st at 3 PM, the BGCWPA kicked off the **Great Futures** campaign along with the 4,000 Boys & Girls Clubs across America. **Great Futures** is the importance of putting kids on the right path after school. Every school day afternoon, 15 million kids leave school with no place to go and are unsupervised and unguided when the bell rings at 3 PM. The good news is when school is out, the Clubs are IN! When planning for back to school, it is essential to plan for after school. Our Clubs celebrated **Great Futures** by breaking from summer camp at 3 PM to have our members share plans for their own Great Futures. Stay tuned for more on **Great Futures**, and for more information on how you join or support our after school programming, [click here](#).



Our Sto-Ken-Rox kids share their ideas of a Great Future!

## Classes with a KICK!

Did you know that we offer traditional Tae Kwon Do classes at our Carnegie and Northern Area Clubs. Over the past 11 years, we have offered this program to members and their parents. Hundreds of youth have successfully participated and at least 50 have gone on to earn their first-degree black belt. Master instructors teach the basic-fundamentals of martial arts in traditional patterns, self defenses, attack drills, sparring, terminology, and discipline. Our chartered school is part of the Eastern United States Martial Arts organization.

Tae Kwon Do classes are designed to teach youth ages 5-18 values in courtesy, self discipline, and respect. Participation in this program has also been shown to boost

physical and mental health. We talked to 10 year old TKD student Ben. Learn what he thinks



**How long have you taken TKD?**  
*One and a half years!*

**What made you want to take TKD at the BGCWPA?** *I knew I didn't want people to pick on me and I wanted to grow confidence while learning to defend myself.*

**What have you learned from TKD?**  
*It makes me a better person and I learn to defend myself.*

**What is your idea of a Great Future?** *To be smart and to be someone who has good abilities.*